A Message from Elaine Roussel-Skillins **Activities Director**

Greetings to all,

I'd like to thank all of you who have wished me well as Director of Activities.

My background has been in healthcare since 1990, most recently working in the Adult Day Health Program here at Blaire House of Milford as Activities Director until COVID-19 struck in March 2020.

Working with this community of people is incredibly rewarding and emotionally fulfilling. I have gained so much perspective as they share some of their great stories with me.

During late fall, we were able to take advantage of some beautiful weather, gathering outdoors on the patio for fresh air, sunshine and some of our activities.

Yours truly.

Elaine Roussel-Skillins, Activities Director

MONTHLY HAPPENINGS:

Events are on hold due to COVID-19



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Call Cheryl Vignone, Business Office Manager at Blaire House of Milford 508.473.1272 ext. 3508 or cvignone@egmcare.com



Christmas in the lobby with Heidi Ross, Brian Morreale and Daria Bourgery.

Blaire House of Milford

20 Claflin Street, Milford, MA 01757 Tel: 508.473.1272 • Fax: 508.634.3943 www.elderservices.com

DIRECTORY	EXTENSIO
Executive Director: Kyle Romano	3500
Director of Nursing: Jennifer Capuzziello	3541
Activities Director: Elaine Roussel-Skillins	3519
Social Services: Paula Vician	3590
Human Resources Director: Jeanette Naujoks	3506
Business Office Manager: Cheryl Vignone	3508
Plant Manager: Jeanne Coughlin	3503
Food Services Director: Zoraida Camacho	3502
Housekeeping/Laundry: Jeanne Coughlin	3504
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Blaire House of Milford is family owned and operated within an integrated care community, including: sub-acute rehabilitation, skilled nursing, adult day health, home care and senior transportation. As your needs change over time, we can provide the service necessary.



HIGHLIGHTS

Blaire House of Milford

SENIOR CARE NEWSLETTER

WINTER 2021



Most people do not realize the importance of the activity staff in a nursing home. The purpose of the activity staff is to improve the quality of life for our residents.

Daily activities give structure to their day. Overall it improves their emotional, physical, mental, social and spiritual health.

Every day is an opportunity for us to deeply connect with our residents in profound and personal ways.

After our second COVID lockdown, residents and staff all tested negative for COVID. On January 2nd, we were able to get back into the swing of things with group activities. Along with group activities, we also have reopened for family visits here at Blaire House of Milford in our Adult Day Health facility.

For those who are unable to come in and visit, we are available for Zoom and Face Time "visits" so that our residents can still see and spend time with their loved ones.



The A team (A for Activities, that is!) From left to right: Daria Bourgery, Elaine Roussel-Skillins, and Peter Bertonazzi in the Blaire House of Milford nursing home lobby.

With the challenges that COVID continues to bring, we have continued to adapt. But we anxiously await the time when all restrictions will be lifted.

I thank my staff, Peter and Daria, for their help, dedication, hard work and good humor.



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from the Federal Centers for Medicare and Medicaid Services

for overall performance and quality measures in Skilled Nursing care.

