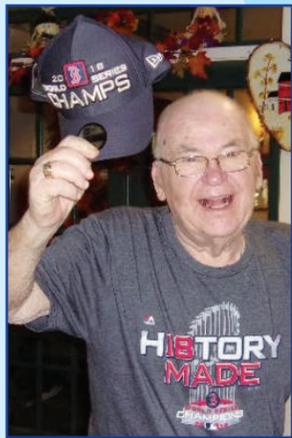


# In The Spotlight



## Dr. Donald Clayman, DPM

We would like to congratulate Dr. Donald W. Clayman, DPM, December Resident of the Month.

Dr. Clayman was born August 26, 1935 in Dorchester, MA, to Samuel and Celia Clayman. Donald was

educated in the Boston school system, and went on to Kent State University, where he graduated June 2, 1956, with a doctorate in Podiatric Medicine.

Donald met his wife Natalie while in high school and married her in 1957. They have three children: Brian, Cynthia and Alicia. He also has five grandchildren.

Dr. Clayman practiced Podiatric medicine in Winthrop, MA, for 35 years. He was President of the Kiwanis from 1962 to 1963, on the Winthrop school board for 19 years, and coach of the Winthrop youth hockey program.



## A Message from Louise Loguidice, RN, Resident Care Director



Most of us will shop for gifts this holiday season. Try to honor your parents and older adults by giving them the gift of time (often the most appreciated of all). If you do feel compelled to buy a gift for "someone who has everything," think of making a donation in his or her name to a favorite charity, such as the Alzheimer's Association (we will resume our fundraising efforts in the coming weeks.) Gifts that might be helpful to many older adults with dementia are night lights, sweat suits, non-skid socks or slippers, stuffed animals or dolls, a weighted blanket, framed photos of loves ones, puzzles, or picture books. As always, label items with the resident's name.

May good health, peace, and happiness be with you all. Enjoy the holiday season!

Louise

After retiring in the 1990's, Donald moved to South Palm Beach, FL. He was elected Mayor of South Palm Beach in 2005 and served until 2015. He also volunteered with many organizations. In his spare time Donald enjoyed playing golf and tennis, and is an avid Boston sports fan. If there is a Red Sox, Patriots, Bruins or Celtics game on, Donald is sure to be watching.

## Blaire House of Tewksbury Assisted Living

10B Erlin Terrace, Tewksbury, MA 01876

Tel: 978.851.3121 • Fax: 978.640.8686 • [www.elderservices.com](http://www.elderservices.com)

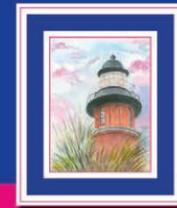
### DIRECTORY

Executive Director: Richard Williams  
 Resident Care Director: Louise Loguidice, RN  
 Director of Sales & Marketing: Terri Sullivan  
 Activities Director: Jean Payne  
 Wellness Nurse: Stacy Palm, LPN  
 Administrative Assistant: Tracy Powers  
 Plant Maintenance: Rafael Torres  
 Food Service Director: Otty Ortiz

### EXTENSION

3210  
 3611  
 8674  
 3209  
 8674  
 3207  
 3203  
 3202

*Blaire House of Tewksbury Assisted Living Residence is family owned and operated within an integrated care community, including adult day health, short-stay rehabilitation, 24-hour nursing care services, and senior transportation. As your needs change over time, we can provide the service necessary.*



# HIGHLIGHTS

Blaire House of Tewksbury Assisted Living

SENIOR CARE NEWSLETTER

DECEMBER 2018

## Celebrations at Blaire House



Veterans displaying their certificates of service.

The holiday season is upon us, and Blaire House of Tewksbury Assisted Living has started celebrating.

November 15th we honored our veterans with a pinning ceremony with the help from Beacon Hospice and the local VFW Post. The following residents received recognition: Armand Boissoneault, U.S. Marines; Pano Jefferson, U.S. Air Force; Richard Linder, U.S. Air Force; Paul McNaught, U.S. Marines; James Richardson, U.S. Navy; William Schmidt, U.S. Air Force; Leo Sheridan, U.S. Navy; Doug Smith, U.S. Air Force and Albert Tine, U. S. Marines. "We thank you for the sacrifices you made and your willingness to serve our country."

November 18th we celebrated Thanksgiving with our families and friends. All enjoyed Turkey dinner with all the fixings.

November 19th was a busy day with a trip to the Methuen Festival of Trees and a Christmas concert performed by the Tewksbury Swinging Seniors.



Two creative Christmas trees we saw at the Festival of Trees.



Methuen Festival of Trees: residents taking in all the holiday magic.

"One kind word can warm three winter months."

— Proverb