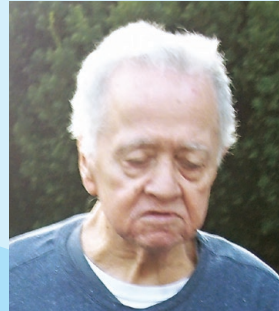


In The Spotlight

Jose Semidey



Jose Semidey has been a resident of Blaire House Worcester since July of 2017. Jose is quiet, but kind. He has a beautiful singing voice and will sing to staff and during karaoke. Jose also loves the outdoors. One of his

favorite activities is watering and tending to the garden.

Thank you for being part of our family.



BLAIRE HOUSE 500 RUMMY CLUB

According to history, card playing probably began with the Tang Dynasty (868.) The card game that Blaire House residents play daily and almost religiously is 500 Rummy. 500 Rummy is one of the most popular card games in the world (Poker the most popular.) 500 Rummy has its beginnings in the 20th century. This card game could have been based on a card game from Mexico called Conquian. 500 Rummy Club at Blaire House of Worcester will be around for months to come.



500 Rummy Club members Gloria B., Paula B. and Paul R. enjoying an afternoon game.

IMPORTANT DATES TO REMEMBER:

- Holy Communion with Deacon Paul of St. George's Parish is every 1st Friday of the month at 2:00 PM.
- Resident Council Meetings will be held on the 3rd Wednesday of every month at 2:00 PM.
- Inspiring Moments with Chaplain Estacio is the 3rd Tuesday of every month at 2:30 PM.



Blaire House of Worcester

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Tel 508.791.5543 • Fax 508.755.2505
www.elderservices.com

DIRECTORY

Executive Director: Faith Bandama
Director of Nursing: Ellen Duffy-Friend
Staff Development Coordinator:
Business Office Manager: Jo LeBlanc
Human Resources: Kristen Sullivan
Social Worker: Sianeh Konie
Activity Director: Charleen Forbes
Admissions Coordinator: Carrie Webster
Plant Maintenance: Mark Mailoux
Food Service Director: Edwin Rodriguez
Housekeeping/Laundry: Luis Pabey

EXTENSION

3300
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3306
3307
3319
3305
5232
3303
3302
3304

Family Owned & Operated



HIGHLIGHTS

Blaire House of Worcester

SENIOR CARE NEWSLETTER

AUTUMN 2019



Blaire House Garden Club



Scott, who is an avid outdoorsman, watering the vegetable garden.

Gardening, according to an article written by the Alzheimer's Society (Gardening Therapy for Dementia,) scores high on the list for familiar activities that people living with Alzheimer's enjoy. Studies also show that gardening has a positive effect on the physical and mental well-being of people living with dementia. Gardening encourages physical activity, stimulates the senses and soothes the soul.

Source: <http://www.primrosealz.com/dementia-and-gardening/>

Gardening has been a great success this summer!!! We planted a variety of vegetables and the results were fantastic! The staff, residents and family volunteers planted tomatoes, cucumbers, purple cabbage, zucchini, strawberries, eggplant, scallions, dill, and red and green peppers. The tomatoes and cucumbers have been coming out. All of the vegetables except for the zucchini are healthy and thriving. The residents enjoy tending to the garden. In the morning and late afternoon, they water the garden and pull out unwanted weeds. They also enjoy talking and reminiscing about their vegetable gardens.



Resident of the Quarter Jose watering the garden, a favorite activity of his.

"Autumn: the year's last, loveliest smile."

— William Cullen Bryant

