

# In The Spotlight

## Mary Makowski



Mary Makowski has been a resident at Blaire House of Worcester since October of 2021. Mary is a pleasant and charming person who loves to socialize, sew, shop and hang out with her animals.

Mary was an Administrative

Assistant for many years at Mass General Hospital in Boston.



### BEAUTY/BARBER SHOP:

Our hairdresser/barber is Jemma Hanna. Barbershop hours are every first Saturday of the month.

Hairdresser hours are every Monday beginning at 2:00 PM and Friday beginning at 9:45 AM.

### WEEKLY SPIRITUAL:

Catholic Mass is every Friday morning at 10:00 AM and every Sunday morning at 10:00 AM.

### IMPORTANT TO REMEMBER:

- **HOLY COMMUNION AND ROSARY** will resume on Thursday, September 23<sup>rd</sup> at 1 PM with Deacon Paul from St. George's Catholic Church.

### THE GIFT OF GIVING

A special thanks is given to Deacon Paul and the congregation of St. George's Catholic Church for their donation of blankets to residents for Christmas.

Thank you to Theresa Bertolami, her daughter and some elementary school children for their heartfelt holiday greeting cards.

### WINTER JOKES!

**Knock, knock.**

Who's there? Icy. Icy who? Icy you!

**How do mountains stay warm?**

They put on their snow caps.

**What do you call it when a snowman throws a temper tantrum?**

A meltdown.

*By Emily Kelleher*

Blaire House  
of Worcester



# Senior Living Connections



WINTER 2022

## Thanksgiving TURKEY



As celebrated in the United States, the holiday of Thanksgiving usually revolves around a bountiful meal. Typical dishes include bread stuffing, potatoes, cranberry sauce, pumpkin pie, and, above all, turkey. How did turkey become the centerpiece of this feast?

It is often assumed that today's Thanksgiving menu originated in an event commonly referred to as the "first Thanksgiving." There is indeed evidence of a meal shared between Pilgrim settlers at Plymouth colony (in what is now Massachusetts) and Wampanoag people in late 1621. But there is no indication that turkey was served. For meat, the Wampanoag brought deer, and the Pilgrims provided wild "fowl." Strictly speaking, that "fowl" could have been turkeys, which were native to the area, but historians think it was probably ducks or geese.

What's more, the Pilgrims do not appear to have considered this meal a milestone worthy of special commemoration. No 17<sup>th</sup> century

*Source: Encyclopædia Britannica, Inc.*

reference to it exists beyond a letter written by Plymouth colonist Edward Winslow. For the Pilgrims, giving thanks for the autumn harvest wasn't a new concept. As a tradition with roots in European harvest festivals and Christian religious observances, "days of thanksgiving" were fairly common among the colonists of New England. Throughout America's colonial era, communities held their own unofficial Thanksgiving celebrations, and few people associated them with the Plymouth settlers.

**"It is snow that can awaken memories of things more wonderful than anything you ever knew or dreamed."**

— Frederick Buechner

## Blaire House of Worcester

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### DIRECTORY

Executive Director: Faith Bandama  
Director of Nursing: Cheryl Singh  
Assistant Director of Nursing/IP:  
Staff Development Coordinator:  
Business Office Manager:  
Human Resources: Erica Aye  
Social Worker:  
Activity Director: Charleen Forbes  
Admissions Coordinator: Carrie Webster  
Plant Maintenance:  
Food Service Director: Edwin Rodriguez  
Housekeeping/Laundry: Jose Martinez

### EXTENSION

3300  
3301  
3301  
3362  
3306  
3307  
3319  
3305  
5232  
3303  
3302  
3304

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